SydPath
ST VINCENT'S PATHOLOGY

www.sydpath.com.au

24 HOUR URINE CATECHOLAMINES AND 5HIAA COLLECTIONS

NOTE: This bottle can be used for the following tests: Catecholamines, 5HIAA, VMA, Noradrenaline, Adrenaline and Serotonin.

DIET: For 5HIAA and Serotonin collection only. Diet is **not** required for Catecholamines. For one day prior to, and during the collection, avoid consuming the following foods as they may falsely elevate 5HIAA levels.

Avocados	Eggplant	Kiwifruit	Plums
Bananas	Figs	Nuts	Tomatoes
Chocolate	Grapes	Pineapples	Juices from any of these

URINE COLLECTION: At the beginning of the collection, empty your bladder and **discard** this urine. This time represents the beginning of the 24 hour period. Please print this time and date on the container. Collect all urine passed over the next 24 hours and add this urine to the collection container and mix. At the end of the 24 hour period empty your bladder again and **add** this sample to the collection bottle.

IMPORTANT: A small quantity of acid preservative has been added to this bottle. **Do not** empty the bottle. Avoid contact with the neck of the bottle. If accidental contact does occur, wash the affected area liberally with water. **Do not** pass urine directly into this container. Pass urine first into another washed and dried container and transfer immediately into the preservative. This container should be stored in a cool place during collection.

Before returning the container to SydPath, please ensure that you have recorded on it:
- **Name** of Patient.
- **Time** and **date** of commencement.
- **Time** and **date** of completion.

Please return the sample and request form together, as soon as possible to the Collection Centre or your Doctor's surgery as arranged. Enquiries: (02) 8382 9114

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