SydPath
ST VINCENT'S PATHOLOGY

www.sydpath.com.au

24 HOUR URINE COLLECTION

1. When commencing the timed urine collection, empty your bladder and **discard the urine**. Note this time as the beginning of the 24 hour period. Please print this time and date on the collection container.

2. Proceed to collect **ALL** urine passed over the next 24 hours, adding this urine to the collection container. At the end of the 24 hour period, empty your bladder completely and **include this urine in the collection.** Also print the finishing time and date on the container.

3. The aim is to collect all the urine which has been produced by your kidneys in the 24 hour period. Note that it may be easier to pass urine into a washed and dried container and then transfer the urine to the collection bottle.
The container should be stored in a cool place during collection.

4. Before returning the container to SydPath, please ensure that you have recorded on it:
- **Name** of Patient.
- **Time** and **date** of commencement.
- **Time** and **date** of completion.

Please return the sample and request form together, as soon as possible after the completion of the collection.
Enquiries: (02) 8382 9114