SydPath
ST VINCENT'S PATHOLOGY

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AFTER BLOOD CARE INSTRUCTIONS

→ APPLY pressure on the puncture site for a few minutes.

→ KEEP the band-aid or cotton wool on puncture site for a few hours after blood test.

→ **Do not** lift or carry anything heavy for the next few hours.

→ If pain and swelling occur, apply an ice pack on the site and elevate your arm.

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