SydPath
ST VINCENT'S PATHOLOGY

www.sydpath.com.au

MICROURINE COLLECTION

FEMALE PATIENTS:

1. Wash your hands and genitals thoroughly.
2. Open the sterile collection container and hold in one hand. Do not touch the inside of the lid or the collection container with your fingers.
3. Sit on the toilet and use your fingers to hold your labia apart. Start passing urine into the toilet. After a few seconds collect urine in the sterile collection container until it is half full. Pass the remainder of the urine into the toilet.
4. Screw the cap on tightly and label the container with your full name, date, time of collection and referring doctor.
5. Deliver the specimen to your nearest Collection Centre or Doctor's surgery as soon as possible.

NOTE: If the urine touches either your fingers or labia, the specimen should be discarded and a repeat specimen collected.

MALE PATIENTS:

1. Wash your hands and genitals thoroughly. If you are not circumcised, retract your foreskin and clean thoroughly. Maintain foreskin retraction throughout the collection procedure.
2. Open the sterile collection container and hold in one hand. Do not touch the inside of the lid or the collection container with your fingers.
3. Start passing urine into the toilet. After a few seconds collect urine in the sterile collection container until it is half full. Pass the remainder of the urine into the toilet.
4. Screw cap on tightly and label the container with your full name, date, time of collection and referring doctor.
5. Deliver the specimen to your nearest collection centre or Doctor's surgery as soon as possible.

NOTE: If the urine touches either your fingers or foreskin, the specimen should be discarded and a repeat specimen collected.

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