SydPath
ST VINCENT'S PATHOLOGY

www.sydpath.com.au

FAECAL OCCULT BLOOD COLLECTION

PURPOSE OF TEST: The faecal occult blood test is commonly used as screening test for bowel cancer.

PREPARATION:

- Eat a well balanced diet which includes fibre. High fibre cereals, breads, fruits and vegetables are recommended.
- For 7 days before and during stool collection avoid aspirin, ibuprofen and other non-steroidal anti-inflammatory medications. Paracetamol is allowed.
- Females should wait till menstrual bleeding has completely stopped.
- If your doctor asks for more than one collection, make sure each collection is from a separate bowel motion.

SAMPLE COLLECTION:

1. Pass faeces into a clean container, e.g. washed ice cream container.
2. Half fill the Pathology Stool Container (use the scoop inside the lid). Secure lid firmly.
4. Check that the Pathology Stool Container is labelled with your name and date of birth as well as the date and time you collected the sample.
5. If you have been asked by your doctor to collect more than one sample (usually 3), use a separate bowel motion for each of the other samples.
6. Please keep the collected samples in a sealed plastic bag in a cool place (ideally fridge) until delivered to nearest SydPath Collection Centre.

Enquiries: SydPath 8382-6590

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